

LUNCHBOX CAFE

Breakfast- Served all day!

House Baked Pastry of the Day 2.75-3.50

Toasted Bagel with Cream Cheese 4.25

Pesto Quiche- basil pesto, tomato, spinach, parmesan, mozzarella with an organic brown rice crust 7.50

Keto Quiche- crustless ham, spinach, swiss 8.50

Breakfast Wrap- brown rice, black beans, egg, salsa, avocado, cheese, tortilla wrap 8.50 **Vegan on request**

Grilled Breakfast Panini- egg, swiss cheese, brown mustard on buttermilk white bread

Spinach 7.95 **Ham** 8.95

Lox Bagel- cold smoked salmon*, cream cheese, red onions, capers on a toasted bagel 10.95

*Consuming raw or under cooked seafood may increase your risk of foodborne illness.

Kids Healthy Meal- Choice of PBJ or grilled cheese, carrot sticks, ranch dressing, organic applesauce, healthy treat, and organic juice box. 7.50

Smoothies- Just fruit & juice, no sugar added
\$6.95 **v gf** **Add plant based protein powder for \$3**

Mixed Berry- raspberry, blueberry, blackberry

Tropical- pineapple, mango, peach, strawberry

"Green" Blueberry- spinach, blueberries, banana

Strawberry and Banana

Sweets- baked right here at the Lunchbox!

3 Bite Cookie- the perfect way to end your meal .95

Gluten-free Vegan Cookie 1.50

Brownie- a little chocolate fix **gf** 3.25

Raspberry Oat Bar- a Lunchbox classic **v** 3.50

Cold Sandwiches- Vinman's Bakery

multigrain or buttermilk white bread, gluten-free bread, keto bread, tortilla wrap, or romaine leaves

Vegan- hummus, avocado, sprouts, cucumbers, tomato, red onions, lettuce **v** 8.50 **Add protein for \$3**

Veggie- cream cheese, avocado, sprouts, cucumbers, tomato, red onions, lettuce 8.50 **Add protein for \$3**

Organic Curry Tofu Salad- sprouts, tomato, red onion, lettuce, vegenaise **v** 9.50

Red Breast Turkey- cream cheese and cranberries 9.50

Best Tunafish Ever- tuna salad with pickles, celery, horseradish, mayonnaise, tomato, lettuce 9.50

Roast Beef Blue- roast beef, blue cheese, mayonnaise, red onions, tomato, lettuce 10.25

Romaine Wrap- avocado, sprouts, cucumber, tomato, red onion, turkey in lettuce leaves—**no bread** 9.75

Custom Sandwich- your choice of bread, protein, cheese, spread, and veggies just how you like it! 10.25

Grab & Go! In a hurry? Get our choice of cold sandwich made daily and ready to go (while supplies last) 9.50

Grilled Paninis

Grilled Cheese- cheddar, provolone, pepperjack, or swiss cheese on buttermilk white bread 7.25

Pesto Classic- basil pesto, provolone, tomato on buttermilk white bread 8.25 **Add turkey for \$3**

The Godfather- pepperoni, provolone, tomato, spicy garlic cream cheese on buttermilk white bread 10.25

Reuben- **pastrami or pickled beets**, sauerkraut, swiss cheese, pickles, thousand island dressing on our house baked molasses rye **Vegan on request** 11.25

Salads- honey mustard, caesar, sesame ginger, ranch, raspberry vinaigrette, or balsamic vinaigrette

Protein Salad- a custom salad made just the way you like it! Choose items from 6 categories: greens, protein, veggies, cheese, toppings, and dressing 11.50

Cranberry Craze- mixed greens, dried cranberries, toasted walnuts **v gf** 8.50 **Add protein for \$3**

Simple Spinach- spinach, tomato, cucumber, sunflower seeds, feta cheese **gf** 8.50 **Add protein for \$3**

Caesar- romaine lettuce, croutons, parmesan cheese, lemon, caesar dressing 8.50 **Add protein for \$3**

On the Side- **Vegan and gluten free \$4.50**

Southwestern- organic brown rice, black beans, corn, salsa, lime, cilantro

3 Bean- kidney, garbanzo, green beans, cider vinaigrette

Green Salad- spring mix, cucumber, tomato, sunflower seeds, balsamic vinaigrette

Hummus and Raw Veggies- carrot, celery, cucumber

Soup- Made from scratch, vegan and gluten free

8oz \$4.50 **12oz** \$5.95 **16oz** \$7.95

Drinks- We serve freshly ground hot drip coffee, house made cold brew, hot and iced teas, lemonade, Izze and San Pellegrino sodas, La Croix, Spindrift, bottled water, and seasonal options.

**Open 9am-3:30pm
Monday-Friday**

**Call in your order! 509-933-3332
409 N Ruby St across from Safeway**